

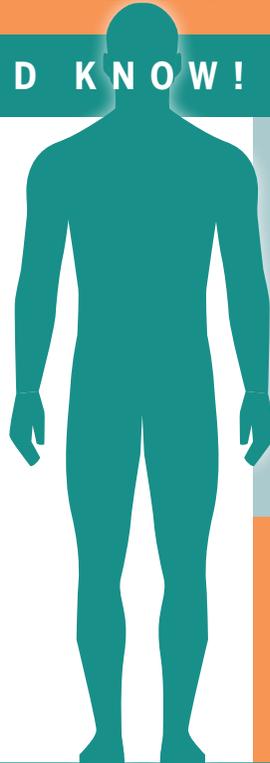
PROTECT AND PREVENT

Zika Virus Infection



WHAT MEN SHOULD KNOW! | ZIKA VIRUS SYMPTOMS

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected man to his sex partners through any kind of unprotected sex
- **If your partner becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or the baby may be born with serious birth defects**
- There is no medicine to treat Zika or vaccine to prevent Zika



FEVER



RASH

JOINT PAIN



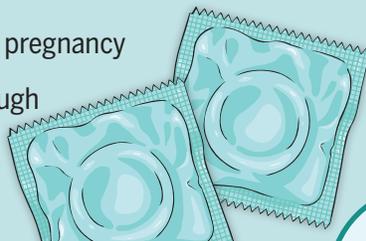
RED EYES

MOST PEOPLE DON'T KNOW THEY HAVE ZIKA. THE ILLNESS IS USUALLY MILD WITH SYMPTOMS LASTING SEVERAL DAYS.

PREVENT ZIKA SPREAD DURING SEX

IF YOU HAVE ZIKA (OR SYMPTOMS OF ZIKA)

- Use a condom for all sexual activity or abstain from sex
- Wait at least **6 months** before getting your partner pregnant
- Talk to your doctor about
 - The risks of Zika during pregnancy
 - The spread of Zika through sexual activity



IF YOU MAY HAVE BEEN EXPOSED TO ZIKA

- Use a condom for all sexual activity or abstain from sex
- Wait at least **8 weeks** before getting your partner pregnant
- Talk to your doctor about
 - The risks of Zika during pregnancy
 - The spread of Zika through sexual activity



PROTECT AGAINST



MOSQUITO BITES

- Use EPA-registered insect repellents containing **20%-30% DEET** (follow label directions)
- Wear long sleeves, long pants and socks
- Wear permethrin-treated clothing

- Stay in places with air conditioning or tight-fitting window and door screens
- **Tip 'n Toss:** eliminate standing water around your home and yard

Find out what it takes to stop Zika
Please visit dph.georgia.gov/zika

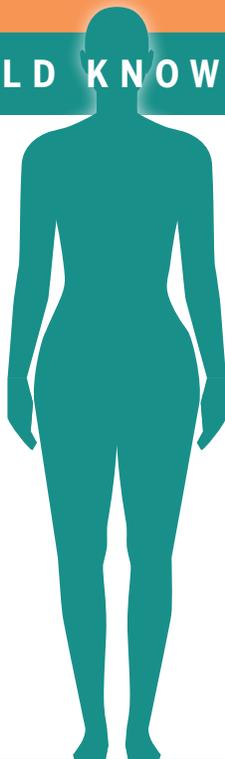


PROTECT AND PREVENT Zika Virus Infection

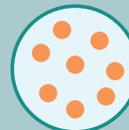


WHAT WOMEN SHOULD KNOW! | ZIKA VIRUS SYMPTOMS

- Zika is spread through the bite of an infected mosquito
- Zika can be spread by an infected woman to her sex partners through any kind of unprotected sex
- **If a woman becomes infected with Zika when she is pregnant (or gets pregnant), she may have a miscarriage or her baby may be born with serious birth defects**
- There is no medicine to treat Zika or vaccine to prevent Zika



FEVER



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ZIKA CONSIDERATIONS FOR WOMEN

WOMEN WHO ARE PREGNANT

- Pregnant women should not travel to areas with on-going Zika outbreaks
- Use condoms for all sexual activity if your partner may have Zika or been exposed to Zika

-OR-

- Don't have sex during your pregnancy

WOMEN CONSIDERING PREGNANCY

TALK TO YOUR DOCTOR ABOUT:

- Plans for having children
- The potential risk of getting Zika during pregnancy
- Your partner's potential exposure to Zika

WOMEN WISHING TO AVOID OR DELAY PREGNANCY

TALK TO YOUR DOCTOR ABOUT:

- Options for birth control that are safe, effective and fit your life style



PROTECT AGAINST



MOSQUITO BITES

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- Wear long sleeves, long pants and socks
- Wear permethrin-treated clothing
- Stay in places with air conditioning or tight-fitting window and door screens
- **Tip 'n Toss:** eliminate standing water around your home and yard

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WHAT ARE THE FACTS?

Zika Virus Infection



PREGNANCY?

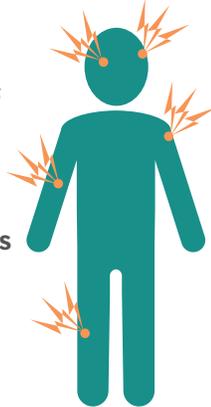
- Pregnant women **should not travel** to these countries
- Male sex partners who have traveled to these countries **should use condoms** during sex

These countries have had outbreaks of Zika virus:

Americas, Caribbean, Mexico, Pacific Islands

HOW IS ZIKA TRANSMITTED?

- Primarily transmitted by **infected mosquitoes**
- *Aedes aegypti* (yellow fever mosquito) and *Aedes albopictus* (Asian tiger mosquito)
- Mosquitoes go from egg to adult in a week to 10 days
- Same mosquitoes transmit **dengue, chikungunya, Zika viruses**
- **Zika** is passed from an infected person to a mosquito through a bite, mosquito then bites someone else
- **Sexual transmission** of Zika cases have been documented



WHAT ARE THE SYMPTOMS?

- fever and headache
- conjunctivitis
- rash
- joint pain
- muscle pain

80% of **Zika** infected don't know they are sick.

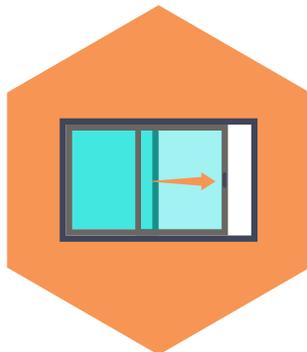
NO VACCINE TO PREVENT • NO MEDICINE TO TREAT

HOW DO YOU PROTECT AND PREVENT?



Use EPA registered insect repellents containing DEET

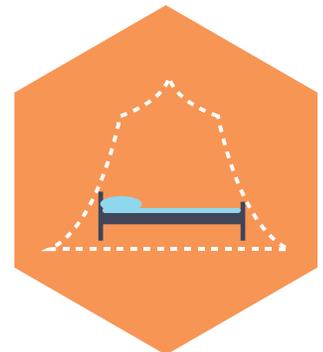
(during travel and 3 weeks after)



Stay in places with air conditioning or window and door screens



Wear protective clothing (light-colored, long-sleeved shirts, long pants and socks)



Sleep under a mosquito net

The *Aedes aegypti* mosquito (above) spreads **Zika virus**, which can cause serious health issues.

PHOTO BY JAMES GATHANY, COURTESY CENTERS FOR DISEASE CONTROL AND PREVENTION

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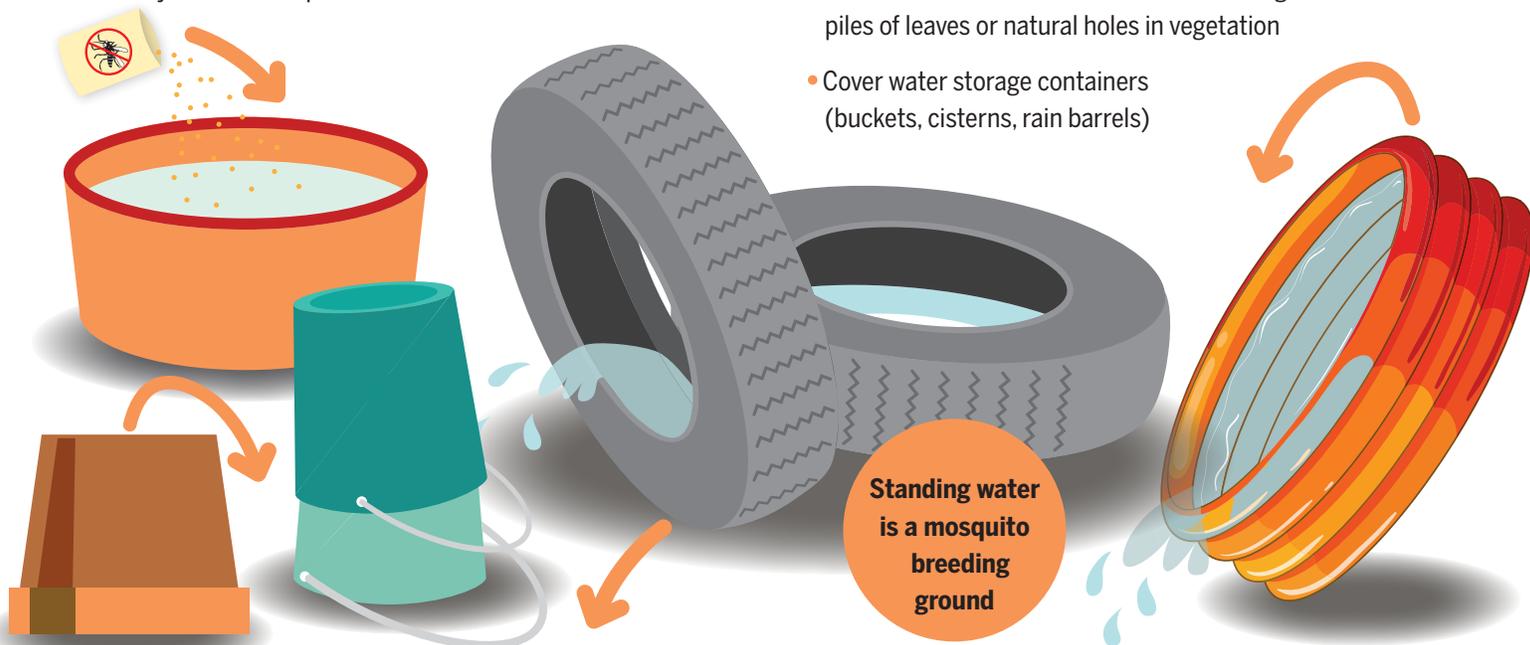


HOW DO YOU PREVENT ZIKA IN GEORGIA?

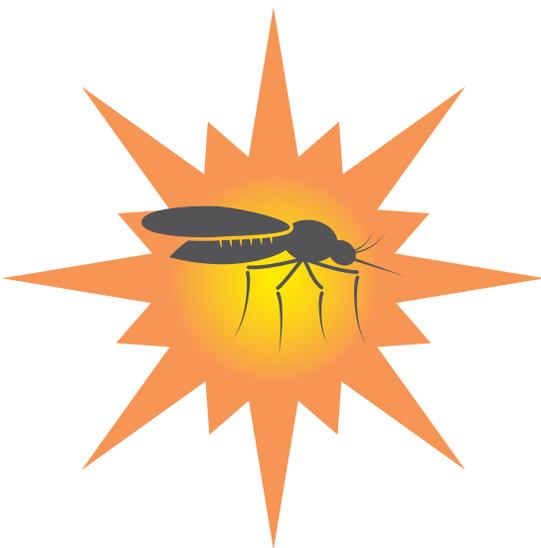
TIP 'n TOSS

WHAT ARE SOME THINGS I CAN DO?

- Clean up around your home and yard
- Get rid of anything you don't need that can hold water
- Use larvicides (**Mosquito Dunks®** or **Mosquito Torpedoes®**) where you can't dump out water
- **Tip 'n Toss** containers after every rain and at least once a week
- Dump out standing water in flowerpots and planters, children's toys, pet dishes
- Don't let water accumulate in old tires, rain gutters, piles of leaves or natural holes in vegetation
- Cover water storage containers (buckets, cisterns, rain barrels)

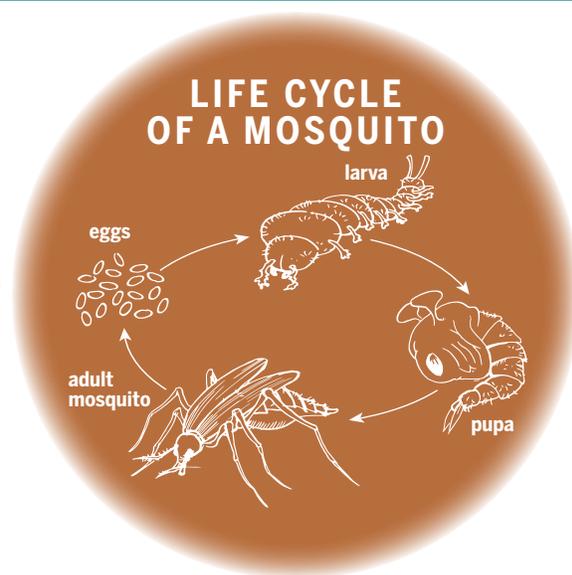


NO VACCINE TO PREVENT • NO MEDICINE TO TREAT



MOSQUITO LIFE CYCLE

- Mosquitoes need standing water to breed
- Adult, female mosquitoes lay their eggs inside containers
- Mosquitoes lay hundreds of eggs at a time
- Mosquitoes go from eggs to adults in a week to 10 days
- Only female mosquitoes bite
- *Aedes* mosquitoes bite primarily during the day, but some bite at night



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